

		500 m	25 km	5 km	<b><u>ZEIT</u></b>
	<b>Name</b>	Schwimmen	Rad fahren	Laufen	
<b>1</b>	Ronny Czechan				<b>01:19:07</b>
<b>2</b>	Arne Nickel				<b>01:19:25</b>
<b>3</b>	Mirko Bachmeier				<b>01:23:05</b>
<b>4</b>	Jörg Neumann				<b>01:23:18</b>
<b>5</b>	Tilo Platz				<b>01:24:06</b>
<b>6</b>	Sophie Reck				<b>01:27:25</b>
<b>7</b>	Alexander Prediger				<b>01:27:36</b>
<b>8</b>	Birger Nickel	00:15:09			<b>01:28:00</b>
<b>9</b>	Kai Lowin				<b>01:30:19</b>
<b>10</b>	Axel Schott	00:17:32			<b>01:30:30</b>
<b>11</b>	Robert Drehfal				<b>01:32:04</b>
<b>12</b>	Thorsten Dahnke				<b>01:36:08</b>
<b>13</b>	Michael Jaap	00:15:34			<b>01:43:40</b>
<b>14</b>	Jan Kleineidam				<b>01:43:41</b>
<b>15</b>	Nico Kaiser				<b>01:45:30</b>
<b>16</b>	Frank Metzner			abgebrochen !!!	